

THE MESSENGER

Weekly Worship Guide of The Greek Orthodox Cathedral of the Annunciation, Atlanta, Georgia

Sunday, July 28, 2019 - Κυριακή, 28 Ιουλίου 2019

6th Sunday of Matthew Κυριακή ΣΤ' Ματθαίου

*Prochoros and Nikanor, Timon and Parmenas of the Seven Deacons,
Eustathios, Bishop of Antioch, the Holy Martyrs Akakios, Drosis,
The Righteous Mother Irene of the Chrysovalantou Monastery,
The Righteous Father Paul,*

Founder of the Monasteries of Xeropotamou and Agiou Pavlou in Mt. Athos

Reminder: Today's Service is being live streamed and recorded

Artoklasia

Service can be found on p. 139 of the Divine Liturgy Book

Offered by Andrew & Katerina Ladikos and Family in Honor of Saint Paraskevi

In Honor of St. Irene Chrysovalantou, (Please read about her life below), we will have a blessing of the apples.

40 Day Blessing

40 Day Baby Blessing: Son of Roger & Barbara Wycoff

*Today's Coffee Hour is offered
in Honor of Nick Coumanis' 90th Birthday
Χρόνια Πολλά!*

Irene the Righteous of Chrysovalantou



Saint Irene, who was from Cappadocia, flourished in the ninth century. Because of her great beauty and virtue, she was brought to Constantinople as a prospective bride for the young Emperor Michael (842-867); however, as Saint Joannicius the Great foretold, it was God's will that she assume the monastic habit instead. She shone forth in great ascetical labors, and suffered many attacks from the demons; while yet a novice, she attained to the practice of Saint Arsenius the Great, of praying the whole night long with arms stretched out towards Heaven. God showed forth great signs and wonders in her, and she became the Abbess of the Convent of Chrysovalantou. She was granted the gift of clairvoyance and knew the thoughts of all that came to her. She appeared in a vision to the king and rebuked him for unjustly imprisoning a nobleman who had been falsely accused. Through a sailor from Patmos to whom he had appeared, Saint John the Evangelist sent her fragrant and wondrous apples from Paradise. She reposed at the age of 103, still retaining the youthful beauty of her countenance. After her repose, marvelous healings beyond number have been wrought by her to the present day.

ORDER OF HYMNS FOLLOWING THE SMALL ENTRANCE

Απολυτίκια

Ἀναστάσιμον Ἀπολυτίκιον. ᾠδὸς πλ. α'

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν, ὅτι ἠδόκησε σαρκί, ἀνελεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγείρει τοὺς τεθνεῶτας, ἐν τῇ ἐνδόξῳ Ἀναστάσει αὐτοῦ.

Ἀπολυτίκιον τῶν Ἁγίων. ᾠδὸς γ'

Ἀπόστολοι Ἅγιοι, πρεσβεύετε τῷ ἐλεήμονι Θεῷ ἵνα πταισμάτων ἄφεσιν, παράσχη ταῖς ψυχαῖς ἡμῶν.

Ἀπολυτίκιον τῆς Ἁγίας. ᾠδὸς πλ. α'

Βασιλείας γήινους πάλαι οὐκ ἔτυχες, ἀλλ' ἄφθάρτων στεφάνων νῦν σε ἠξίωσεν, ὁ Νυμφίος σου Χριστὸς ὁ ὠραιότατος, ὃ καθιέρωσας σαυτήν, ὅλη καρδίᾳ καὶ ψυχῇ, Εἰρήνη Ὅσια Μητέρα, Χρυσοβαλάντου ἡ δόξα, ἡμῶν δὲ προσφυγὴ καὶ βοήθεια.

Ἀπολυτίκιον τοῦ Ναοῦ. ᾠδὸς δ'

Σήμερον τῆς σωτηρίας ἡμῶν τὸ Κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος Μυστηρίου ἡ φανέρωσις, ὁ Υἱὸς τοῦ Θεοῦ, Υἱὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τῇ Θεοτόκῳ βοήσωμεν· Χαῖρε Κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

Κοντάκιον. ᾠδὸς βαρὺς

Ἐπὶ τοῦ ὄρους μετεμορφώθης, καὶ ὡς ἐχώρουν οἱ Μαθηταὶ σου τὴν δόξαν σου, Χριστὲ ὁ Θεὸς ἐθέασαντο, ἵνα ὅταν σε ἴδωσι σταυρούμενον, τὸ μὲν πάθος νοήσωσιν ἐκούσιον, τῷ δὲ κόσμῳ κηρύξωσιν, ὅτι σὺ ὑπάρχεις ἀληθῶς, τοῦ Πατρὸς τὸ ἀπαύγασμα.

Apolytikia

Resurrectional Apolytikion. Mode pl. 1

To the Word, coeternal with the Father and the Spirit, born of the Virgin for our salvation, let us, the faithful, give praise and worship. For he willed to be lifted up on the cross in the flesh, to endure death and raise the dead by his glorious resurrection.

Apolytikion for the Saint. Mode 3

O holy Apostles, make intercession to our merciful God, that He grant our souls forgiveness of offenses.

Apolytikion for the Saint. Mode pl. 1

Not a temporal kingdom on earth did you obtain, * but Christ, your most comely Bridegroom, vouchsafed you heavenly crowns, * and you reigned as a queen with Him eternally; * for you did dedicate yourself * unto Him with all your soul, O Irene, our righteous Mother, * you boast of Chrysovalantou, and mighty help of all the Orthodox.

Apolytikion of the Church. Mode 4

Today is the beginning of our salvation, and the revelation of the mystery which was hidden from eternity. The Son of God becomes the Virgin's Son, and Gabriel announces the grace of this Good News. Let us also join with him, calling to the Theotokos: Rejoice, O Woman full of grace; the Lord is with you.

Kontakion. Mode grave

Upon the mountain were You transfigured, and Your disciples beheld Your glory as far as they were able, O Christ our God; so that when they would see You crucified they might understand that Your Passion was deliberate, and declare to the world that in truth You are the Father's radiance.



TODAY'S EPISTLE READING IS FROM:
ST. PAUL'S LETTER TO THE ROMANS 12: 6-14

PROKEIMENON: YOU, O LORD, SHALL KEEP US AND PRESERVE US.

VERSE: SAVE ME, O LORD, FOR THE GODLY MAN HAS FAILED.

Brethren, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality. Bless those who persecute you; bless and do not curse them.

TODAY'S GOSPEL READING: MATTHEW 9: 1-8

At that time, getting into a boat Jesus crossed over and came to his own city. And behold, they brought to him a paralytic, lying on his bed; and when Jesus saw their faith he said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say 'Your sins are forgiven,' or to say 'Rise and walk?' But that you may know that the Son of man has authority on earth to forgive sins" he then said to the paralytic -- "Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they were afraid, and they glorified God, who had given such authority to men.

"Take up and read, take up and read." St. Augustine, *Confessions XII*





ACOLYTES GROUP THREE

Alexander Redd	Ian Alexander
Alexandros Katsoudas	Nick Karas
Christopher Harakas	Niko Skiouris
Evangelos Katasoudas	Teddy Gassert
George Poulos	Theo Pappas
Gus Karas	

HANDMAIDENS GROUP THREE

Anastasia Lamas	Elli Moraitakis
Anastasia Panos	Nicolette Moraitakis
Elena Karas	Penelope Melissas
Elianna Vallianatos	Renna Moraitakis

The following Parish Council members will be on duty today during the Service:

Group: St. John Chrysostom

**Scott Davenport
Owen Jones**

**George Koulouris
Greg Koutrelakos**

**Demetrios Hadjisimos
Constance Nagle**

GUIDELINES FOR RECEIVING HOLY COMMUNION

Holy Communion is offered in the Orthodox Church only to those individuals baptized and chrismated (confirmed) in the Orthodox Faith. To participate in Holy Communion one must be in good standing with the Church spiritually (for example, married people must have had their marriage blessed in the Church; and, all must be without grave sin on their hearts). For all Orthodox Christians, the proper preparation for Holy Communion must be observed: that is, examination of conscience, confession, reading the prayers for Holy Communion, and the proper fasting. If you have any further questions about this, please speak with the clergy. Women should remove all lipstick when approaching for Holy Communion. Please let parents with their babies and the elderly approach first. Thank you.

WELCOME EVERYONE!

Welcome everyone! We extend a warm welcome to our visitors worshipping with us today in our Cathedral. You are invited to join us for our fellowship, following the conclusion of the Divine Liturgy, in Carlos Hall next to the Church. Thank you for your visit! Please stop by our hospitality table and sign the register in the Narthex.

“You are the light of the world. A city that is set on a hill cannot be hidden. [...] Let your light so shine before men, that they may see your good works and glorify your Father in heaven.”
Matthew 5:14, 16

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Rev. Fr. Paul A. Kaplanis, *Dean*
Rev. Fr. Christos P. Mars, *Presbyter*
Elias Lampropoulos, *Pastoral Assistant*

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