

# Weekly Bulletin

## Greek Orthodox Cathedral of the Annunciation

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Rev. Father Paul A. Kaplanis, Dean

Rev. Father Christos P. Mars, Presbyter

Elias Lampropoulos, Pastoral Assistant

Dr. Nickitas Demos, Parish Council President (ndemos@gsu.edu)

**Sunday, April 2, 2017 - Κυριακή, Ἀπριλίου 2, 2017**

**Fifth Sunday of Lent - St. Mary of Egypt**

**Κυριακή Ε' τῶν Νηστειῶν - τῆς Ὁσίας Μαρίας τῆς Αἰγυπτίας**

**Cathedral Bookstore & Gift Shop**  
Visit the new kiosk today located in Carlos Hall!

**ANNUNCIATION CATHEDRAL SUNDAY SCHOOL**  
Please join us for our Annual Sunday School Group Communion on

**Saturday of Lazarus**  
**Saturday, April 8, 2017**



**Orthros 8:00 am**

**Divine Liturgy 9:00 am**

After the Divine Liturgy, all Sunday School students and family members will stay for our annual breakfast, making of the Palm Crosses and rehearsal for Holy Week play. This is one of the most beloved traditions of our Cathedral and has been done for over 60 years.

**Annual Palm Sunday Luncheon**  
**Sunday, April 9, 2017**

Immediately following Divine Liturgy in the Kartos Ballroom

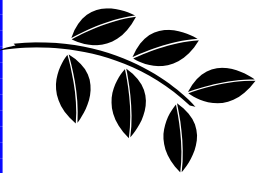
Menu will include:

Fresh Fried Fish or Plaki, Pasta Marinara,

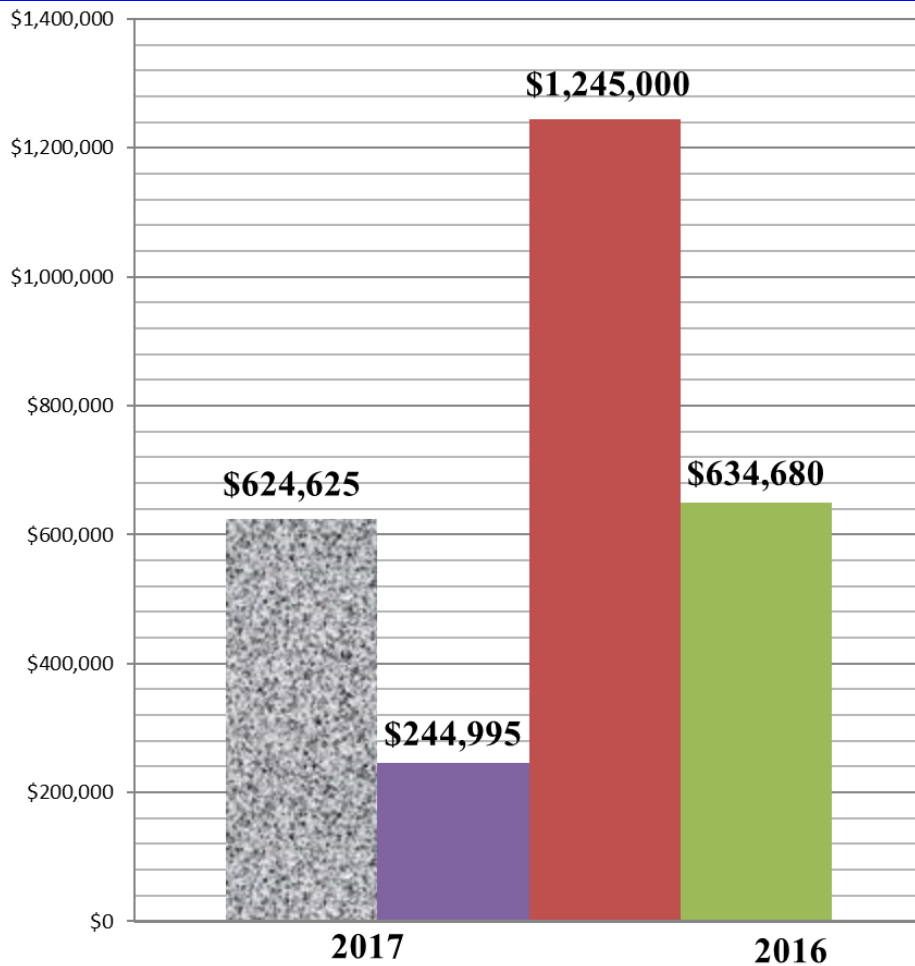
Lima Bean Medley, Skordalia, Tossed Salad & Dessert

Donation: Adults \$15.00 Children (12 & Under) \$8.00

In order to get an approximate number of attendees, please RSVP to the Cathedral Office by Monday, April 3<sup>rd</sup> by contacting (404) 633-5870 or e-mail office@atlgoc.org



# STEWARDSHIP



## Stewardship Pledges

- Amount Pledged as of March 31, 2017
- Total Received for 2017
- Total Pledging Goal for 2017
- Amount Pledged as of March 31, 2016

**326 Pledge Units as of March 24, 2017**

## DID YOU KNOW...

... there is one more dinner and special guest speaker in Carlos Hall this Wednesday evening following Presanctified Liturgy?

"Now this I say, he who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one must do just as he has purposed in his heart, not grudgingly or under compulsion, for God loves a cheerful giver."

**2 Corinthians 9:6-7**

## Annunciation Greek Orthodox Cathedral Now Accepting Online Donations!

Click [HERE](#) for instructions on Guest Donations or click on one of the links below to donate now.



*(Above is an example of what to look for on our Cathedral website, [www.atlgoc.org](http://www.atlgoc.org))*

# EVENTS & ACTIVITIES CALENDAR

## **WEDNESDAY “NITE” LIFE**

Join us this **Wednesday, April 5<sup>th</sup>** for  
Presanctified Liturgy at 5:00 pm in the  
Cathedral followed by Dinner and Special  
Guest Speaker in Carlos Hall.

### **GUEST SPEAKER:**

Alexandra (Evanthia) Merisotis,  
*Parishioner of our Cathedral*

## **PAREA**

**April 4<sup>th</sup> at 12:00 Noon at Athens Pizza,  
1341 Clairmont Road, Decatur - 404 636-1100**

All ladies of the community are invited to this  
parishioner fellowship for friends and newcomers.  
Please spread the word to your friends. No  
membership dues. For additional information or  
carpool, please call Poppy Skoufis at 770 337-0124  
or Bess Dimos at 404 261-0504

## **Seniors @ Play**

This Thursday, April 6<sup>th</sup> at 11:00 am. We are doing  
fun craft projects!

On April 6<sup>th</sup> come and make a sign with your own  
personal message such as "Yiayia's Kitchen",  
"Koulourakia Made Here", "Welcome" and so forth.  
(Wood Board is provided) April 20<sup>th</sup> is a free day to  
finish projects or start a new project. You can make  
your own greeting cards, personalize a birdhouse and  
more.

## **Outreach Ministries Bake Sale & Lenten Food Sale**

Next Sunday, April 9<sup>th</sup> in Carlos Hall  
• Spanakopita • Tiropita • Moussaka • Pastitsio  
and Lenten options will also be available  
*Proceeds to benefit local, national and  
international Outreach Charities*

## **Baking Continues for Yiayia's Greek Bake Sale!**

This past week, a great group of volunteers  
completed the baking of the koulourakia and  
kourabiedes for the upcoming Yiayia's Greek Bake  
Sale!

Next week, the food preparation continues with the  
preparation of the Spanakopita and Tiropita pans.  
These pans will be sold frozen and are prepared in  
8x8 aluminum baking pans.

All volunteers and parishioners are asked to please  
donate these 8x8 pans to the pita preparation. It is  
requested that these pans be purchased only from  
Kroger and Publix (pans are found in the Baking  
aisle). Please bring the pans that do not have plastic  
lids in the packaging.

The pans can be left in the Cathedral Office, on the  
stage in Carlos Hall or brought to the HCC kitchen  
on baking days.

### **Pita pan preparation days:**

**Tuesday, April 4<sup>th</sup>, Wednesday, April 5<sup>th</sup> and  
Thursday, April 6<sup>th</sup> at 10:00 am – HCC Kitchen**  
Please remember that this sale is a Cathedral  
Fundraiser and not an organizational fundraiser!

All parishioners are invited and asked to please come  
and help with this food preparation effort! It's an  
enjoyable experience, doing something good for your  
parish!

## **Golden Group**

**Thursday, April 27<sup>th</sup>, 10:30 am in Carlos Hall**  
“Antiques Day”: Bring items you think may be an  
antique or of value and have it evaluated. An  
appraiser will be available to look at our treasures and  
answer questions. Our friends, the Philoptochos  
Society, will sponsor April's luncheon.

**Thursday, May 18<sup>th</sup> at 6:00 pm in Atrium & Ballroom:**  
End of Year social, please join us - bring a friend or  
two - to our last gathering of the year. Share stories,  
ideas and feast on a delicious meal sponsored by the  
Laconian Society.

Greek Orthodox Metropolis of Atlanta - [www.atlmetropolis.org](http://www.atlmetropolis.org)  
Register Now!

## **Clergy-Laity Conference**

**June 21<sup>st</sup> - 24<sup>th</sup>**

Raleigh, NC

Detailed flyers available in the Narthex

# YOUTH & EDUCATION MINISTRIES

## Sunday School

- **Sunday, April 2<sup>nd</sup>** - Sunday of St. Mary of Egypt - Regular class schedule
- **Saturday, April 8<sup>th</sup>** - Saturday of Lazarus - Group Communion & Making of Palm Crosses
- **Sunday, April 9<sup>th</sup>** - Palm Sunday - classes do not meet Holy Week Presentation in Cathedral following the Divine Liturgy.
- **Wednesday, April 12<sup>th</sup>** - Holy Wednesday- Services at 2:00 pm & 7:00 pm
- **Friday, April 14<sup>th</sup>** - Great Friday- 3:00 pm & 7:00 pm  
4<sup>th</sup> Grade Myrophores (afternoon & evening)  
11<sup>th</sup>/12<sup>th</sup> Grade Boys (evening)
- **Sunday, April 16<sup>th</sup> - Pascha** - classes do not meet; AGAPE Service at 11:00 am followed by Community Pascha Celebration & Easter Egg Hunt
- **Sunday, April 23<sup>rd</sup>** - Regular class schedule
- **Sunday, April 30<sup>th</sup>** - Regular class schedule

## Cathedral Dance Ministry

Contact [danceministry@atlgoc.org](mailto:danceministry@atlgoc.org)

### **SCHEDULE:**

**Zouzounia** - Kindergarten

Mondays - 6:15pm - 6:45pm

#### **Instructors:**

Kiki Papadimitriou & Yeoryia Vastakis

**Arkoudakia** - 1<sup>st</sup> - 2<sup>nd</sup> Grade

Mondays - 6:45pm - 7:30pm

#### **Instructors:**

Elizabeth Zervakos & Katerina Theodore

**Pyrotechnimata** - 3<sup>rd</sup>-5<sup>th</sup> Grade

Mondays - 6:45pm - 8pm

#### **Instructors:**

Ryan Marinos, John Caras & Bess McClure

**Asteria** - 6<sup>th</sup> - 9<sup>th</sup> Grade - Mondays - 6:45pm - 8pm

#### **Instructors:**

Kiki Papadimitriou & Chris Kanelos

**Yi Anemos Kai Fotia** - 10<sup>th</sup> - 12<sup>th</sup> Grade

Mondays - 6:30pm - 8pm

#### **Instructors:**

Errica Patellis & Yianna Pappas

**Palioparea** - Adult Dance Group

**Instructor:** Dimitri Papadimitriou

Contact Dimitri for practice dates and times at [djpgreek@yahoo.com](mailto:djpgreek@yahoo.com)

## SAVE THE DATE

Annunciation Sunday School Class of 1975  
60<sup>th</sup> Birthday Party

Saturday, August 19, 2017

At the home of Mark & Suzy Vlass Lamas

Please send your name and email address  
to: [suzylamas@bellsouth.net](mailto:suzylamas@bellsouth.net)

*More information to follow*

## Philoptochos Scholarships

The Philoptochos Ypapanti Chapter has two \$2000 scholarships (Anna Mae Livaditis Memorial and Philoptochos) dedicated to promote, encourage, and advance education. These scholarships are limited to high school seniors and undergraduate college students who are members of the Cathedral. The scholarships are awarded based on financial need foremost as well as academic achievement and involvement in the church & community. Students who have not previously received the scholarship are encouraged to apply. Applications are available on the Cathedral website or by emailing Claire Gilmore at [gilmore11@comcast.net](mailto:gilmore11@comcast.net).

*The deadline to submit the  
application is April 21<sup>st</sup>*

*All information is held in strict confidence.*

## Save the Dates

### 2017 Summer Day Camp

Week 1: June 5<sup>th</sup> - 9<sup>th</sup>

Week 2: June 12<sup>th</sup> - 16<sup>th</sup>

Week 3: *To Be Determined*

Registration forms available at [www.atlgoc.org](http://www.atlgoc.org) and  
in the Cathedral and Sunday School offices

### 2017 Basketball Camp

July 24<sup>th</sup> - 28<sup>th</sup>

Registration forms available at [www.atlgoc.org](http://www.atlgoc.org) and  
in the Cathedral and Sunday School offices

# **HOLY WEEK ANNOUNCEMENTS**

## **Holy Wednesday Epistle Readers**

Attention all 6th-12th graders, for the Holy Unction Service on Holy Wednesday at 2 PM, there are seven (7) epistles that are read. If you are interested in reading one of the epistles, please contact Fr. Christos at 404-633-5870 or via email at [frchristos@atlgoc.org](mailto:frchristos@atlgoc.org). Since there are seven (7) epistles, seven (7) readers are needed. There will have permission slips available in the Sunday School office so you can leave school early that day. The service begins at 2:00 p.m.

## **The Hymn of the Holy Youths, Holy Saturday Morning**

The Holy Saturday morning Vespereal Liturgy, which highlights the Hymn of the Holy Youths is an opportunities for families with young children to worship. This is an opportunity to receive Holy Communion and experience the joy and anticipation of our Lord's Resurrection with the ringing of the bells and the hurling in the air the bay leaves. The services is comprised of the first part of Vespers and the Divine Liturgy at the point of the Hymn "Holy God", "Άγιος ο Θεός". The Service includes proclaiming Christ's Resurrection as He Descended into Hades to free and offer salvation to all those who were there from Adam and Eve to the Thief on the Cross. Another highlight is the biblical account of the Three Holy Youths in the Fire, Shadrach, Meshach and Abednego who were persecuted by King Nebuchadnezzar because of their belief in one God. An angel of the Lord came down into the furnace to be with the three Youths and they were unharmed by the fire. Dancing in the furnace, they sang out joyfully and proclaimed the beautiful hymn.

Once again, this is a wonderful Service for young children to attend and participate in by coming prepared to receive Holy Communion. Remember that Holy Saturday is a strict fasting day. Remember also, that we are able to receive Holy Communion on Holy Saturday morning and after the Midnight Holy Resurrection Service. We also do not break the fast until after the Easter Pascha Divine Liturgy after midnight. An important practice to implement is for our adults and older children to sleep in the late afternoon, early evening on Holy Saturday and rest so that we can be vigilant and ready to celebrate our Lord's Resurrection at the midnight service.

## **Agape Service Readers**

We invite those who would like to offer themselves to reading the Gospel at the Easter Sunday morning Agape Service in various languages. Please contact Fr. Christos at 404-633-5870 or via email at [frchristos@atlgoc.org](mailto:frchristos@atlgoc.org) as soon as possible if you are interested in participating as an Agape Service reader.

## **Agape Service, Perfect for Families with Young Children**

If you have a family with young children and are not able to come to the Holy Saturday Midnight Resurrection Service, then the **Easter Sunday Vespers Agape Service at 11 AM** is the perfect opportunity to celebrate this Great Feast Day! This amazing Service in which the Gospel proclaiming our Lord's Resurrection is read in many languages to demonstrate that our Lord came to save the entire world. At the end of the Service our priests will be distributing eggs and for our children a special gift of Easter chocolate. Of course the Service is open to all ages, but the chocolate is only for the children!

## **Holy Confession**

Fr. Paul and Fr. Christos will be available to hear confessions of the faithful in the Cathedral during Great Lent and Holy Week on the following days:

Saturday of Lazarus following Great Vespers

Palm Sunday Night, Holy Monday Night, Holy Tuesday Night

Fr. Paul and Fr. Christos are also available during Great Lent via appointment.

*(Please plan on participating in the sacrament of Holy Confession on or **before** Holy Tuesday Night)*



# ***Annunciation Cathedral Family Easter Picnic***

**Immediately  
following the  
AGAPE  
SERVICE at  
11 AM  
April 16, 2017**



**Lunch is Served  
12:30 – 1:30 PM  
GREAT FOOD!  
GREAT  
CELEBRATION!  
Music and  
Dancing!**

Come to the Agape Service at 11AM, and then enjoy the food and fellowship as we celebrate our Lord's Resurrection. Each child attending the Service will receive a special Easter Treat and during the Picnic we will have an Easter Egg Hunt.

## ***MENU:***



***Oven Roasted Lamb Dinner or  
Oven Baked Greek Style Chicken  
with all the trimmings,***



***Children's meal chicken fingers/hot dogs/mac & cheese***

**Donation: \$16 Adults choice of Lamb or Chicken;  
Children's meal, 10 and under \$6**

**Tickets will be available following Divine Liturgy,  
or mail your check to the Cathedral office.**

**Deadline to purchase tickets is Monday, April 10<sup>th</sup>!**

**Please indicate which meal you prefer.**

**Call or email Margaret Stewart at 404-918-0615;  
[mandjstewart@comcast.net](mailto:mandjstewart@comcast.net)**

# ***TWO OFFICIAL PROTOCOLS FOR ALL THE FAITHFUL OF THE METROPOLIS OF ATLANTA***

*Protocol No. 03/17  
February 14, 2017*

## **Holy Unction**

Within the Holy Orthodox Church, many customs and traditions are associated with services. Some of these customs and traditions are kept and even encouraged by the Church to be used and upheld. Unfortunately, some of the customs and traditions are outside of the traditions of the Church, and have distorted the correct and proper teaching. This is especially true with the Sacrament of Holy Unction.

Many of the Metropolis' and the Archdiocesan District have adopted policies recognizing the sanctity of the sacrament and that, as with other sacraments of the Church, it is not one distributed by the laypeople. It is therefore time for us to do the same.

Just as we do not give Holy Communion to the faithful to take home, neither do we give Holy Unction so that they would administer it either to themselves or to other family members. As you know, the clergy always administer the Mysteries.

It may be that some of the faithful are confused by the similarity of "holy oil" taken from the kandili (oil lamp) hanging before certain icons or the relics of saints, which is often given to the pious faithful. This oil is taken home, much like holy water, and is similarly used when a member of the family is ill or troubled.

The custom of placing a cotton swab (or anything similar) in a plastic bag to be taken home by the faithful is not appropriate. There is no reason for doing this since the clergy administer the Mystery, and in addition, this cotton saturated with Holy Unction is all too often disregarded or simply thrown away in the trash.

We have an obligation to clearly teach the faithful about the difference between Holy Unction and the holy oils received from places of pious veneration. The former should be handled as we do Holy Communion and the latter like holy water.

Make every effort to stress to the faithful that the Sacrament **WILL NOT** be given to "take-home." Please distribute this protocol along with announcements in your mailings, newsletters, weekly bulletins, websites, social media, etc. so that the faithful are fully informed before the sacrament takes place.

Included with this protocol is a sample insert for your publications.

This protocol is to be applied so that we may have uniformity within the Holy and God-protected Metropolis of Atlanta, and, as St. James wrote: *"Is any among you sick? Let him call for the presbyters of the church, and let them pray over him, anointing him with oil in the name of the Lord."* (James 5:14)

### **The Sacrament of Holy Unction**

All Parishioners should attempt to attend the service and be anointed with the blessed oil of Holy Unction. As the Priest anoints the forehead, cheeks, chin, palms and back of hands, we should ask God's forgiveness.

Therefore, family members will no longer be permitted to take Holy Unction home, however the Priest may anoint those unable to attend the service of Holy Unction on Holy Wednesday or on another day of Holy Week.

For those who are shut-ins, homebound, or infirm, please contact your priest before Holy Week for a visitation, the offering of healing prayers and the Holy Sacraments.

## **Funerals**

Within the Holy Orthodox Church there are many customs and traditions that are associated with the passing of a loved one. Many people have expectations on how the service should be conducted and who will speak at the service. This may also be true with the family, who is grieving the loss of their loved one. This allows the Priest to explain to the family about the traditions that are associated with an Orthodox funeral.

Above all, the conversation may arise as to who will offer the eulogy. It is important to remember that the eulogies are offered in the Holy Sanctuary (Church) and **ONLY** by the Clergy.

Please instruct the family that if a family member or some other person desires to offer some words, there are three (3) opportunities to do so.

- 1) At the Funeral Home following the Trisagion service on the evening of the viewing.
- 2) At the gravesite following the Trisagion service on the day of the funeral.
- 3) At the traditional "Makaria" Memorial Meal which takes place after the interment.

In order for parishioners to be familiar with this protocol, it is important to publish it periodically in all forms of parish communication.

As with all things, if there are special circumstances in which someone other than the Clergy needs to speak in the Church for the eulogy, the Priest must contact the Metropolitan or Metropolis Chancellor for their approval.

This protocol is to be applied so that we may have uniformity within the Holy and God-protected Metropolis of Atlanta, and, as St. Paul states in his first letter to the Corinthians, all *"things be done decently and in good order."* (1 Cor. 14:40)

## ECCLESIASTICAL CALENDAR

<b>Sunday, April 2<sup>nd</sup></b> <i>5<sup>th</sup> Sunday of Great Lent</i>	<b>Orthros in Cathedral</b> <b>Divine Liturgy in Cathedral</b>	<b>8:00 am</b> <b>9:30 am</b>
<b>Monday, April 3<sup>rd</sup></b>	<b>Great Compline in Cathedral</b>	<b>6:00 pm</b>
<b>Wednesday, April 5<sup>th</sup></b>	<b>9<sup>th</sup> Hour &amp; Pre-Sanctified Liturgy in Metropolis Chapel</b> <b>9<sup>th</sup> Hour &amp; Pre-Sanctified Liturgy in Cathedral</b>	<b>8:30 am</b> <b>5:00 pm</b>
<b>Friday, April 7<sup>th</sup></b>	<b>Small Compline with Canon of St. Lazarus</b>	<b>6:00 pm</b>
<b>Saturday, April 8<sup>th</sup></b> <i>Saturday of Lazarus</i>	<b>Orthros in Cathedral</b> <b>Divine Liturgy in Cathedral</b> <b>Great Vespers in Cathedral</b>	<b>8:00 am</b> <b>9:00 am</b> <b>6:00 pm</b>
<b>Sunday, April 9<sup>th</sup></b> <i>Palm Sunday</i>	<b>Orthros in Cathedral</b> <b>1<sup>st</sup> Divine Liturgy in Cathedral</b> <b>2<sup>nd</sup> Divine Liturgy in Cathedral</b> <b>1<sup>st</sup> Nymphios Service in Cathedral</b>	<b>7:00 pm</b> <b>8:00 am</b> <b>9:30 am</b> <b>7:00 pm</b>

## EVENTS & ACTIVITIES CALENDAR

<b>Tuesday, April 4<sup>th</sup></b>	<b>Baking for Yiayia's Bake Sale in Hellenic Center Kitchen</b>	<b>10:00 am</b>
<b>Wednesday, April 5<sup>th</sup></b>	<b>Baking for Yiayia's Bake Sale in Hellenic Center Kitchen</b>	<b>10:00 am</b>
<b>Thursday, April 6<sup>th</sup></b>	<b>Baking for Yiayia's Bake Sale in Hellenic Center Kitchen</b>	<b>10:00 am</b>
<b>Sunday, April 9<sup>th</sup></b>	<b>Palm Sunday Luncheon in Kartos Ballroom following Divine Liturgy</b>	

## YOUTH CALENDAR

<b>Monday, April 3<sup>rd</sup></b>	<b>Annunciation Day School Spring Break</b> <b>Greek School Spring Break</b>
<b>Tuesday, April 4<sup>th</sup></b>	<b>Annunciation Day School Spring Break</b>
<b>Wednesday, April 5<sup>th</sup></b>	<b>Annunciation Day School Spring Break</b> <b>Greek School Spring Break</b>
<b>Thursday, April 6<sup>th</sup></b>	<b>Annunciation Day School Spring Break</b>
<b>Friday, April 7<sup>th</sup></b>	<b>Annunciation Day School Spring Break</b>
<b>Saturday, April 8<sup>th</sup></b>	<b>Saturday of Lazarus &amp; Making of Palm Crosses in Carlos Hall following Liturgy</b> <b>Holy Week Play Rehearsal following making of Palm Crosses</b>

Stay in touch by following us on



& our website