



GREEK ORTHODOX CATHEDRAL OF THE ANNUNCIATION

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METROPOLIS
OF ATLANTA

Sunday, January 29th, 2012 - Κυριακή, 29η Ιανουαρίου 2012 SUNDAY OF THE CANAANITE WOMAN - ΚΥΡΙΑΚΗ ΤΗΣ ΧΑΝΑΝΑΙΑΣ

Today's Memorials

40 Day Memorial for Pauline Lampiris
1 Year Memorial for Demetrios Macris

40 Day Baby Blessings

Baby Girl of Tim & Mina Grady
Baby Boy of Alberto & Georgia Castro
Baby Boy of Michalena & Carl Sukenik

Next Week's Trisagion Service

Dr. Frank (Fotios) Vellios

We welcome Dr. Tony Vrame, the Archdiocese Director for the Department of Religious Education, who is visiting our Cathedral this weekend.

The Greek School PTA and the American Foundation for Hellenic Studies will be Sponsoring Today's Coffee Hour in Honor of Greek Letters Day & the Three Hierarchs. The 3rd Grade Greek School students will be presenting poems on Greek Letters Day & the Three Hierarchs following the 2nd Divine Liturgy in Carlos Hall.

Youth Choir will resume today for students in 1st-5th grades. Please meet in the Music Suite immediately following Sunday School. Youth Choir will be held for 30 minutes.



SOUPER BOWL OF CARING SUNDAY

Sunday, February 5th - We will be taking a special collection at both Divine Liturgies next Sunday for our brothers & sisters in Greece. Also, please bring non-perishable canned goods to the Cathedral on this Sunday that will be given to support our Pan-Orthodox Loaves & Fishes food program.

Please make checks payable to IOCC.

Upcoming Event Flyers available in the Narthex

- An Evening of Musical Tribute to MANOS HATZIDAKIS - Saturday, February 4th at GA State University.
- GOYA vs. PRIESTS/COACHES BASKETBALL - Saturday, February 11th
- Valentine's Dinner at St. Mary's of Egypt - Saturday, February 11th

Today's Epistle Reading: II Corinthians 6:16-18; 7:1

Today's Epistle Reader: Andrew Melissas

BRETHEREN, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

Today's Gospel Reading - Matthew 15:21-28

AT THAT TIME, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But he did not answer her a word. And his disciples came and begged him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." And he answered, "It is not fair to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table." Then Jesus answered her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed instantly.

Απολυτικιον ' Απολυτίκια

Ἀναστάσιμον Ἀπολυτικιον Ἦχος πλ. δ'

Ἐξ ὕψους κατήλθες ὁ εὐσπλαγχνος, ταφήν καταδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

Ἀπολυτικιον τοῦ Ἁγίου Ἱερομάρτυρος Ἦχος δ'

Καὶ τρόπων μέτοχος, καὶ θρόνων διάδοχος, τῶν Ἀποστόλων γενόμενος, τὴν πράξιν εὖρες θεόπνευστε, εἰς θεωρίας ἐπίβασιν· διὰ τοῦτο τὸν λόγον τῆς ἀληθείας ὀρθοτομῶν, καὶ τῇ πίστει ἐνήθησας μέχρις αἵματος, Ἱερομάρτυς Ἰγνάτιε. Πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

Κοντάκιον τῶν Κεκοιμημένων Ἦχος πλ. δ'

Μνήσθητι, Κύριε, ὡς ἀγαθὸς τῶν δούλων σου καὶ ὅσα ἐν βίῳ ἡμάρτον συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ σὺ ὁ δυνάμενος καὶ τοῖς μεταστασι δοῦναι τὴν ἀνάπαυσιν.

Ἀπολυτικιον τοῦ Ναοῦ Ἦχος δ'

Σήμερον τῆς σωτηρίας ἡμῶν τὸ Κεφάλαιον, καὶ τοῦ ἀπ' αἰῶνος Μυστηρίου ἡ φανέρωσις, ὁ Υἱὸς τοῦ Θεοῦ, Υἱὸς τῆς Παρθένου γίνεται, καὶ Γαβριὴλ τὴν χάριν εὐαγγελίζεται. Διὸ καὶ ἡμεῖς σὺν αὐτῷ τῇ Θεοτόκῳ βοήσωμεν· Χαίρε Κεχαριτωμένη, ὁ Κύριος μετὰ σοῦ.

Κοντάκιον Ἦχος α'

Ὁ μήτραν παρθενικὴν ἀγιάσας τῷ τόκῳ σου, καὶ χεῖρας τοῦ Συμεῶν εὐλογήσας ὡς ἔπρεπε, προφθάσας καὶ νῦν ἔσωσας ἡμᾶς Χριστέ ὁ Θεός. Ἄλλ' εἰρήνευσον ἐν πολέμοις τὸ πολίτευμα, καὶ κραταίωσον Βασιλεῖς οὓς ἠγάπησας, ὁ μόνος φιλόνητος.

Resurrectional Apolytikion pl. 4

You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory be to You.

Apolytikion for the Saint Mode 4

Becoming a partner with the Apostles in way of life and successor to their thrones, O God-inspired Saint, in the active life you found an entrance to contemplation. Hence you rightly expounded the word of truth, and you shed your blood in struggling for the faith, O Hieromartyr Ignatius. Intercede with Christ our God, entreating Him to save our souls.

Kontakion for the Departed Mode pl. 4

Remember, Lord, your servants; for you are good. Forgive them all within they have erred in this life; for there is none without sins except for you, who are able to grant rest to the departed.

Apolytikion of the Church Mode 4

Today is the beginning of our salvation, and the revelation of the mystery which was hidden from eternity. The Son of God becomes the Virgin's Son, and Gabriel announces the grace of this Good News. Let us also join with him, calling to the Theotokos: Rejoice, O Woman full of grace; the Lord is with you.

Kontakion Mode 1

You who did sanctify the Virgin's womb by your birth, and did bless Symeon's hands as was proper, by anticipation have even now saved us, O Christ God. But grand peace in the midst of wars unto Your commonwealth and strengthen the hierarchs whom You have loved, O only friend of man.

ANNUNCIATION CATHEDRAL ANNOUNCEMENTS/REMINDERS:

ANNUNCIATION DAY SCHOOL NEWS

CELEBRATING OUR 10 YEAR ANNIVERSARY in 2012!!!

ADS is celebrating Community "Helper Weeks" by having guest visits from a local doctor, physical therapist, and mailman! Students always enjoy having Community Helper visitors and had lots of good questions to ask all of them. Stop by and visit our ADS information table in Carlos Hall today! We have grown so much in ten years, and continue to look forward to many more years of success and growth! We are already looking ahead to the 2012-2013 school year. Schedule your school tour today!

Registration for the 2012-2013 school year - Ages 18 months – 3rd Grade

Come join us for a tour and see how our certified Parent's Morning Out, Preschool, and Elementary school create a solid foundation for your child's education. We are excited about our continued growth into the elementary grades. Tours are scheduled for Wednesday mornings: February 1st, 8th, 15th, and 22nd. Please call or email to make your tour reservation 404-633-5870/ adsdirector@hotmail.com

PHILOPTOCHOS MEMBERSHIP LUNCHEON

All ladies of the community are cordially invited to attend the Annual Philoptochos Membership Luncheon on Sunday, February 12th immediately following the second Divine Liturgy in the Kartos Ballroom.

GOLDEN GROUP

Please join us on Thursday, February 9th for the Valentine's Luncheon hosted by the Daughters of Penelope. 10:30 a.m. in Carlos Hall. Bingo with prizes too!!! Hope to see you there.

ROAD FULL OF PROMISE

Mark your calendars for the Road Full of Promise Anniversary Luncheon Sunday, February 19th following the 2nd Divine Liturgy in the Kartos Ballroom

AHEPA Scholarships

The AHEPA Mother Lodge No. 1 Educational fund, Inc. will award several scholarships, ranging from \$500-\$2,000 to high school graduates accepted by an accredited college or university or students attending an accredited college or university. Candidates must have strong academic credentials, leadership and extra curricular activities. Scholarships will be awarded on the basis of merit and financial need. Deadline for submitting the application is March 15th. Application are now available at the Cathedral office. For more information or applications contact: George Skoufis 770-491-0592, Karen Stamatiades 770-469-2678, Athena Economy 404-233-0710, Margaret Hansen 706-654-5606 or send an email topd317@windstrem.net

PAREA

Monday, Feb 13th at 12:00 p.m. Blue Ribbon Grill, 4006 Lavista Road. Tucker, GA 30084
www.theblueribbongrill.com 770-491-1570

Ladies in our community of all ages are invited to this monthly fellowship with a chance to meet newcomers, see old friends and become better acquainted with fellow parishioners. No membership dues. For additional info. or to carpool, please call Poppy Skoufis 7-491-0592, Stella Vaughn 4-285-3817 or Maria Slay 7-923-0101.

The Hellenic Women's Cultural Association

Will have their monthly meeting on Tuesday, February 21st at 7:00 pm in Carlos Hall. The speaker will be Professor of Philosophy, Mr. Joel Peddle. The title of the speech will be "The Significance of the Trials of Socrates for the Western Civilization". Everyone is invited to attend.

The deadline for the Weekly Bulletin is
EVERY TUESDAY BY 5:00 P.M.

Submissions received after the deadline will go
in the following week's bulletin.

YOUTH NEWS

Greek School

Tomorrow, Monday, January 30th, at 5:45 pm, the 1st, 2nd & 3rd Graders will present their poems in Carlos Hall in honor of Greek Letters Day and Three Hierarchs.

Sunday School

St. John Chrysostom Oratorical Festival and Sights & Sounds

will be held in our Parish on Sunday, February 26th immediately following coffee hour in Carlos Hall. *A light lunch will be served.* If you are interested in being a "mentor" or helping edit student speeches, please contact Glykeria Hadjisimos at odysseial@yahoo.com.

Angels Choir

Can you help us teach our younger students in Pre-KC and Kindergarten, 4 and 5 year olds, our Church hymns? If you can, please contact Susan Marinos at smarinos@atlgoc.org. Time requirement would be 10-15 minutes each Sunday during Sunday School. Materials are available of what can be taught.

Godparents Sunday - February 12th

All Godparents are encouraged to attend the Liturgy with their Godchildren. Godparents are welcome to either attend Sunday School with their Godchildren or meet them in Carlos Hall for coffee hour after Sunday School.

HOPE & JOY

Gathering on Friday, February 10th at 6:30 pm in the Gym. The theme is Great Lent.

GOYA

Meeting & Super Bowl Party Sunday, February 5th
at Vasilakis Home at 5:30 pm



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GOYA vs. PRIESTS/COACHES BASKETBALL

2 BASKETBALL GAMES, SEVERAL COMPETITIONS, MINI GAMES, PRIZES, & FOOD



Saturday, February 11TH, 2012 6:00 p.m. in the Gym
*All proceeds to benefit the 2012 GOYA Mission Trip.
Flyers available in the Narthex with more information.

Cathedral Dance Program

Any students who would like to dance in the 2012 Atlanta Greek Festival must attend dance classes beginning this semester. Students in Kindergarten thru 5th grade must begin classes on Monday, January 30, 2012. Students in 6th-12th grades must begin classes on Monday, February 6th, 2012.

*Students will not be allowed to begin in August and dance in the 2012 Festival.
The new dance year will begin in October 2012, after the Festival.*

Classes are held on Mondays for ages 5 and up (through 12th grade) from August to May. Kindergarten & 1st Grades 6:35-7:05 p.m. in the Javo Room located at the bottom of the metal staircase 2nd-5th Grades 6:40-7:30 pm in rooms 12/13 upstairs 6th-8th Grades 6:45-8:00 pm in the ballroom 9th-12th Grades 6:45-8:00 pm in Carlos Hall

Registration forms are available in the Sunday School Office.

For more information, please contact Vassio Giannakopoulos, Dance Coordinator, at vassio@att.net.

WEDNESDAY NITE LIFE

*A “Community Night” that is engaging,
Educational and inspirational to all ages.*

The Program – Every Wednesday*

Paraklisis in the Kartos Ballroom 6:00 – 6:30 PM

Dinner in the Kartos Ballroom (\$5 Adults \$3 Children): 6:30 – 7:10 PM

Classes (offered in various rooms of the Hellenic Center): 7:15 – 8:30 PM

Choose from a Variety of Classes Offered:

Spiritual Book Club:

This course is designed for those who would be interested in reading a book from our Orthodox Church and discussing how it applies to our daily lives. The book for this semester is “Gifts of the Desert: The Forgotten Path of Christian Spirituality” written by Kyriacos C. Markides. *Rev. Fr. Paul A. Kaplanis (Boardroom)*

“Hangtime” (6th to 12th Grade):

“Hangtime” is a fun and safe community environment for our Orthodox youth to come and participate in during our Wednesday Nite Life sessions. Our young parishioners will be encouraged to be themselves without any of their everyday worldly pressures. They will participate in activities and discussions which aim to strengthen them in their Orthodox faith! *Rev. Fr. Christos P. Mars (Zakas Conference Room)*

“Journey to Oneness” Part I:

This course is designed for all those who are coming to the Orthodox Church to be married or to freshen up on what it means to be married. Its main focus is on the Sacrament of Marriage and the role that Christ plays in marriage. It is part 1 of a 2 part course. (See pamphlet for dates) *Dr. Nikitas Demos, DMA (Meeting Room II)*

“Journey to Oneness” Part II:

This course is a continuation of “Journey to Oneness” Part I. Its main focus is on communication within the context of marriage. (See pamphlet for dates)

Mrs. Paula Marchman, M.A., L.A.P.C. (Meeting Room I)

Godparents Seminar:

This course is designed for all those parents and Godparents who will have their children baptized in the Orthodox Church. Its main focus is the role that Godparents play in the life of the child and how they assist the parents in the spiritual upbringing of that child. (See back panel for dates) *Dr. Nikitas Demos, DMA (Meeting Room II)*

“What do you mean there are more than 7 Sacraments?”:

This course is designed for all those who want to know about other services known as the Lesser Sacraments of the Orthodox Church. (See pamphlet for dates) *Dr. Nikitas Demos, DMA (Meeting Room II)*

“Road to Orthodoxy”:

This course is designed for people interested in embracing the Orthodox Faith, as well as for those who would like to “brush up” on their rudimentary knowledge of the Orthodox faith. *Mr. Steve Johnson (Kafenion)*

Kids Corner (Pre-K to 5th Grade):

Various themed activities along with fellowship and refreshments. *(Ballroom)*

*There are some changes to the schedule during Great Lent, please see pamphlet for full schedule. We look forward to seeing you each week!

CATHEDRAL ACTIVITIES FOR THE WEEK OF JAN. 29TH - FEB. 5TH

Sunday, January 29 th	1 st Divine Liturgy in Metropolis Chapel	8:00 am
	Orthros in Cathedral	8:00 am
	2 nd Divine Liturgy in Cathedral	9:30 am
	Assembly of "Bags of Love" in Carlos Hall following 2 nd Divine Liturgy	
Monday, January 30 th	Greek School Classes	5:00 pm
	Three Hierarchs & Greek Letters Day & Presentation in Carlos Hall	5:45 pm
Tuesday, January 31 st	OCF Meeting in the Kafenion	7:30 pm
Wednesday, February 1 st	Orthros in Metropolis Chapel	8:00 am
	Divine Liturgy in Metropolis Chapel	9:00 am
	Greek School Classes	5:00 pm
	Paraklisis in Kartos Ballroom	6:00 pm
	Wednesday "Nite" Life in Kartos Ballroom	6:30 pm
Thursday, February 2 nd	Orthros in Metropolis Chapel	8:00 am
	Divine Liturgy in Metropolis Chapel	9:00 am
Friday, February 3 rd	Greek School Classes	5:00 pm
Sunday, February 5 th	1 st Divine Liturgy in Metropolis Chapel	8:00 am
	Orthros in Cathedral	8:00 am
	2 nd Divine Liturgy in Cathedral	9:30 am
	GOYA Meeting & Super Bowl Party at Vasilakis' Home	5:30 pm

Cathedral Organization Contacts

Altar Boys: Fr. Christos Mars 404-633-7358 &
George Coumanis 770-722-6660

Annunciation Day School: Michelle Wright 404-633-7358

Bookstore & Gift Shop: Steve Johnson 404-769-4001 &
Shelly Spahr 770-864-1124

Catechetical School: Susan Marinos 404-633-7358

Cathedral Administrator: Ginnie Roglin 404-633-7358

Cathedral Dancers: Vassio Giannakopoulos 404-433-6483

Cathedral Orchestra: Nick Demos 770-493-9529

Cathedral Library: Jennifer Michaels 770-723-0353

Choir Director: Christina Polizos 404-320-6506

Coffee Hour: Connie Pappas 404-255-6946

Endowment Foundation: Ron Canakaris 404-836-7113

Golden Group: Mary Ann Chanos 770-565-3981

GOYA: Steve Alexander III 770-934-4580

Greek School: Susan Marinos 404-633-7358

Greek Orthodox Old Fellows: Mike Balsamides 404-321-4492

Head Chanter: Nick Economos 770-394-5475

History/Archives: Dr. Angelo Kliosis 404-320-1409

Hellenic Tower: Demetrios Constantinidis 404-261-8985

HOPE: Lauren Syribey 404-348-4919

JOY: Connie Weimar 404-377-1411

Mail Crew: Nick Coumanis 770-978-8581

Men's Choir: Leon Melissas 404-272-9527

Newcomers' Committee: Anna Kostopoulos 770-492-0877

Outreach Ministries: Al Galloway 770-934-4620 &

Helen Bouboulis 404-321-1443

Parea: Stella Vaughn: 404-285-3817

Philoptochos: Joanna Snider 404-378-2826

Prosforo Coord.: Kathy Galloway 770-934-4620

Stewardship: Costa Panos 404-874-1329

Young Adult League: Doria Gjerde info@atlantayal.org

Youth Choir - Christina Polizos 404-320-6506

WELCOME EVERYONE! ΚΑΛΩΣ ΗΛΘΑΤΕ

Welcome everyone! We extend a warm welcome to our visitors worshiping with us today in our Cathedral. You are invited to join us for the Fellowship Hour at the end of the Divine Liturgy in Carlos Hall next to the Church. Thank you for your visit!

Καλώς ήλθατε! Καλωσορίζομε θερμά όλους τους επισκέπτες μας, που ήρθαν στην εκκλησία μας για να προσευχηθούν μαζί μας. Σας προσκαλούμε όλους να περάσετε για καφέ στην αίθουσα δεξιώσεων <<Κάρλος>> της ενορίας μας, που βρίσκεται δίπλα στον Καθεδρικό Ναό, για να σας γνωρίσουμε και από κοντά! Σας ευχαριστούμε για την επίσκεψη σας!